

Learning and teaching basic skills and key competences in non-formal adult education centres and folk high schools in Estonia

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Free project based courses

Developed and lead by Estonian non-formal education centres in 2016-2019:

- trainings to develop Estonians' key competencies;
- supporting activities for target groups to bring them to learning process, to promote positive attitude, to support their participation and to develop readiness to continue the study path;
- trainings for trainers and other development activities.

Background of the basic skills training and projects

- There have been two open calls in Estonia.
- Both, Estonian Non-Formal Adult Education Association (ENAEA) and Tartu Folk High School lead the projects to offer free courses of key competencies for the target groups.
- The purpose of the grant is to develop the key competences of adults and improve their attitude towards learning.

Developed key competences

The key competences developed during the projects are:

- learning skills;
- social skills;
- digital literacy;
- initiative and entrepreneurial skills;
- foreign language skills, incl. the Estonian language skills for non-Estonian adults.

Target groups of the trainings

- adults without basic or secondary education and / or vocational training;
- other groups not involved in lifelong learning;
- other target groups specified in certain projects.

Two project models implemented currently (1)

Top to bottom model:

Tartu Folk High School and its partners are offering free courses using the same curricula to develop learning skills, social skills, digital literacy, initiative and entrepreneurship, and language skills (Estonian, Russian, English) in 11 counties.

Two project models implemented currently (2)

Bottom to top model:

- ENAEA collected training ideas from their partners and compiled project applications according to readiness of local non-formal training centres to conduct different trainings of key competencies.
- Training centres have to present and adjust their curricula and training plans before trainings at ENAEA.
- In addition to training courses for adults, there are experience counseling, practitioner-to-practitioner trainings and seminars as a part of these projects.

Projects of Tartu Folk High School (1)

Project 1 „Development of learning, collaboration and communication skills in East, West and South-Estonia“

„My development needs, teamwork and ways of influencing“, includes of 3 modules, each 16 hours, in total 48 study hours:

- self-management (learning skills) - 16 h;
- collaboration and teamwork skills - 16 h;
- communication skills - 16 h.

Trainings in 11 counties, ca 600 participants.

Projects of Tartu Folk High School (2)

Project 2 „**Computer, language and communication skills trainings in non-formal education centers**” 90 different trainings in 12 counties based on the same curricula, ca 900 participants:

- English for customer service, 40 h incl 30 h classroom work and 10 h independent work - 16 trainings;
- Estonian (A2), 40 h incl 30 h classroom work and 10 h independent work - 10 trainings;
- Russian (A2), 40 h incl 30 h classroom work and 10 h independent work - 12 trainings;
- Computer training for beginners, 32 h - 22 trainings;
- How to use smart devices, 32 h - 13 trainings;
- Effective influencing and creative problem solving, 40 h – 17 trainings.

Most popular are computer courses



Teachers' feedback:

- communication as a skill is underestimated;
- there is the need to improve communication skills in all career levels, both managers and unskilled workers;
- a heterogeneous group has a greater impact;
- age is only a number;
- creative study methods:
 - ◆ a lot of active communication in different groups and thinking together;
 - ◆ no theory at the beginning;
 - ◆ no PowerPoint, creativity and out of box thinking...

Some meaningful moments



Projects of Estonian Non-formal Adult Education Association (1)

Totally developed and lead four projects:

- project 1 **“Development of key competences 2016-2019”**
- project 2 **“An entrepreneurial learner 2016-2019”**
- project 3 **“Learning skills as the key to learning 2016-2019”**
- project 4 **“Development of key competences 2018-2020”**

In total there are 31 training centres from all 15 counties participating in the projects.

Projects of Estonian Non-formal Adult Education Association (2)

	Key competences 2016-2018	An Entrepreneurial Learner 2016-2019	Learning Skills as key to learning 2016-2019	Key competences 2018-2020
number of planned trainings	83	47	55	23
number of conducted trainings	88	38	42	17
number of involved training centers	28	23	19	15
planned number of learners	899	535	650	258
number of learners in completed courses	1059	462	482	195

Some examples of curricula of ENAEA projects

- Contemporary computer skills, 40 h;
- Entrepreneurship and financial literacy, 40 h;
- Action planning and the design of cultural project, 35 h;
- Learning to learn, 60 h;
- Memory training 50+, 24 h;
- English for customer service, 40 h;
- Language courses: English for beginners, Russian for beginners, Estonian for Russian speaking habitant, 40 h;
- Communication and problem solving trainings, 16-20 h.

Paras Käsitsemissä



Some success stories from education and training center Osilia (1)

KRISTINA participated our entrepreneurship training “SAAREL ETTEVÕTLIKUKS” and marketing training “Successful marketing”. Last Saturday she opened SÕRVE VÄRAVA MAJA - souvenir shop, cafe and tourist information.

<https://saartemaal.postimees.ee/6697343/galerii-sorve-varava-maja-avamine-salmel>

Some success stories from education and training center Osilia (2)

MARKUS participated our English language courses. He ended basic school and his English language skills were very poor. He was studying together with seniors and he said, that this kind of learning helped him more: he got better language skills and it was also learning between generation. Now Markus is studying as a florist and also staying in foreign practice.



Best part of the course is graduation - a lot of smiling people with high satisfaction. The average recommendation index is 4,75.





Thank you! Questions?