

Livsglede gjennom arbeid



VARK - teachers training

fønix

V

Visual

- What you see.

A

Aural

- What you hear.

R

Reading /writing

K

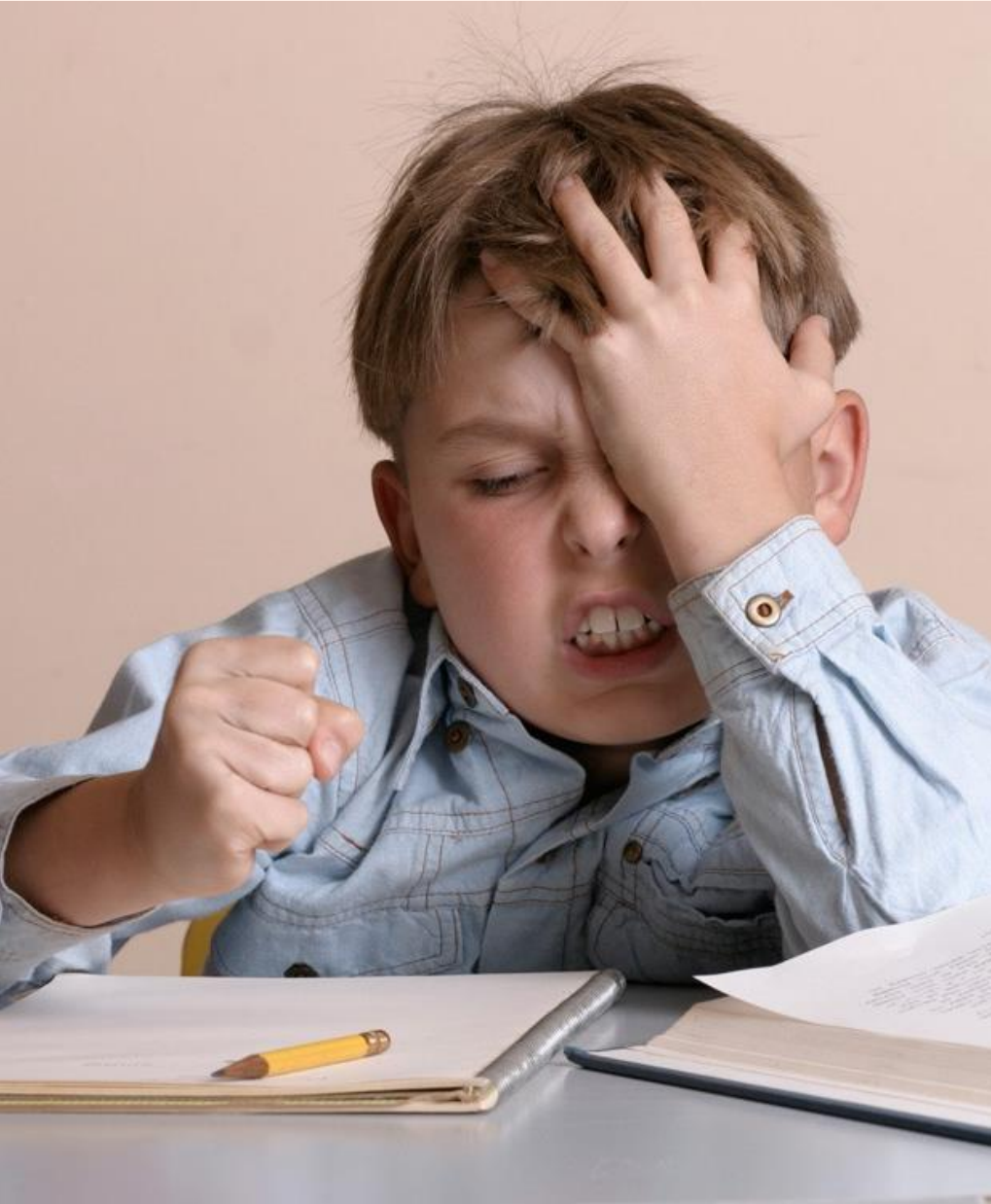
Kinaesthetic

- What you can touch.

Visual
Auditory + ID
Kinaesthetic

Visual
Auditory + ID
Kinaesthetic





Adults with low basic skills

- Mixed memories and experiences from school
- “Classic” classroom experiences
- Challenges with reading/writing and/or numbers
- Fear of exams
- Fear of being “exposed”



Lack of knowledge about...

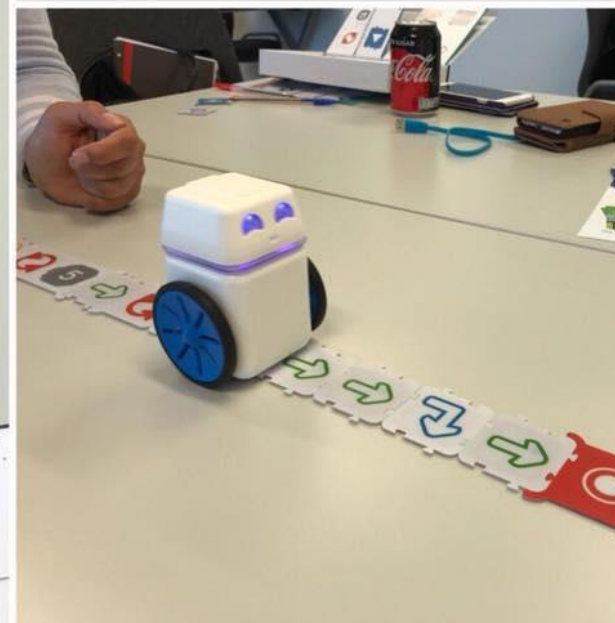
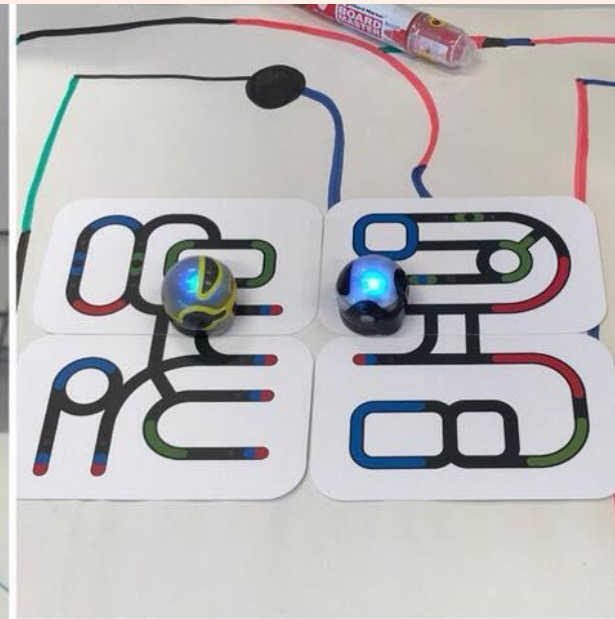
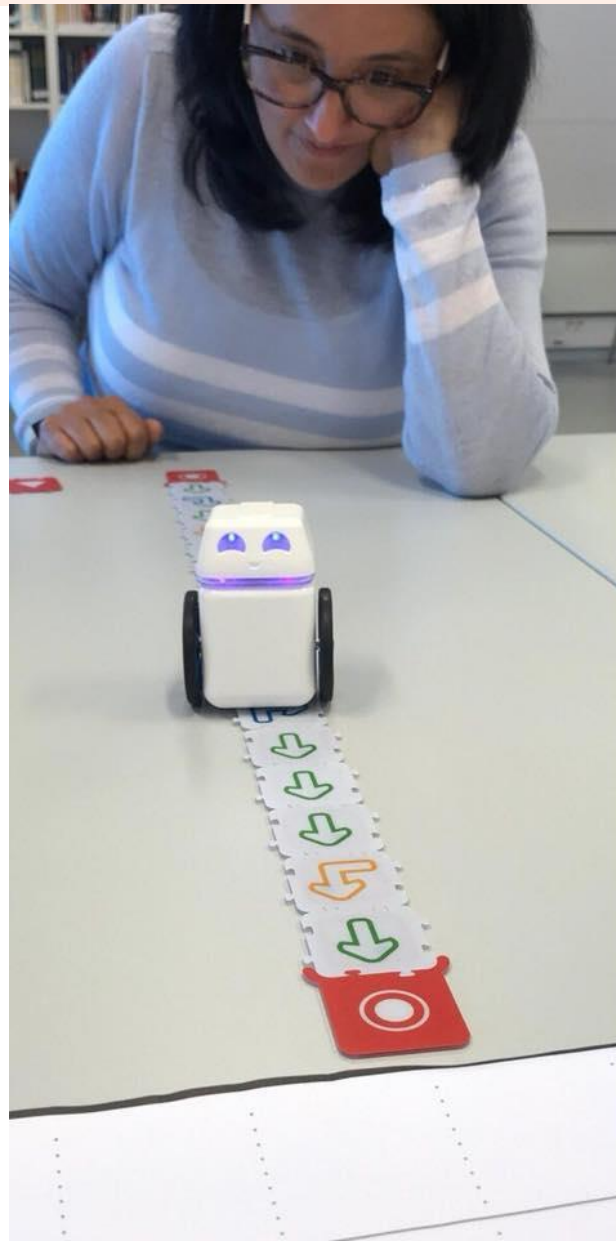
- Their own learning style
- That there are many different learning strategies.
- How to take in and process information.
- How to remember what they have learned.
- How mange exams/ present information to others.

Teachers training at Fønix

- Started with an existing VARK questionnaire for students and teachers from <http://vark-learn.com> (free to use for non-profit organizations and for education)
- Made our own version:
<https://forms.gle/xNGKeQqNaQhPZ71z6>

...

- Teachers get to know their own VARK learning and teaching style
- Teachers take the questionnaire together with students and discuss the results and learning strategies (Reflection not testing)
- Let teachers prepare a topic with all learning styles in mind.
- Let students experience the different styles already at the start of the course.



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